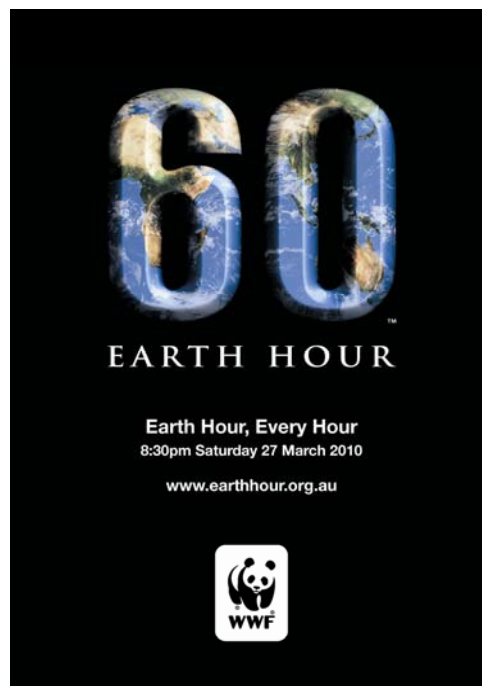


Tips to reduce your footprint

Energy

- Invest in power-boards with “off” switches, so you can turn off standby power at night – by turning appliances like TVs off at the wall, it doesn't waste energy and carbon.
- Get insulation installed – it will cut heating and cooling needs and bring bills down, and there's a government rebate!
- When you switch to digital TV, choose a set with the Energy Star logo – Energy Star has the lowest standby rating and good overall efficiency.
- Install energy efficient lights - they run on a fraction of the energy and will last a lot longer.
- Seal all those gaps and cracks in the house - this will save on the heating in Winter.
- Keep the thermostat between 25 and 27 degrees - you don't need to overheat or overcool your home.



Water

- Get the dripping taps fixed – this will save water and also energy if it's the hot tap.
- Try a meat-free day once a week – producing beef uses large amount of water.
- Get that rainwater tank and check out the rebate options – it will provide a personal water supply and help conserve this precious resource.
- Get as dual-flush toilet installed – it will save water and cut costs.

Waste

- Ditch the take away coffee cup and get a re-usable one – this will reduce landfill.
- Only buy recycled toilet paper – it's got a lot better since the early days, and it means less forest destruction for a clean bum!
- Make sure I recycle my electronic gadgets – old mobiles, iPods, TVs. Computers and radios contain lots of material that can be recycled such gold, copper and coltan. None of this needs to end up as landfill.
- Get a couple of chooks! Chickens eat food scraps and turn it into fertiliser, and they produce free eggs.
- If you're renovating check out what recycled products are available – this will reduce pressure on the world's forests which help to stabilise our climate.
- Start a worm farm - the worms will reduce the organic waste going to landfill and it's something the kids can enjoy.

Transport

- Double the efficiency of your car by putting another person in it! – this is an easy way to reduce your mobility footprint.
- Make a commitment to walk, ride or take public transport to work regularly – it will save money, and help you stay fit.
- Cut out one flight this year – air travel contributes a lot of greenhouse gases. Choosing to holiday closer to home, or avoiding business travel with teleconferencing, can make a really big difference.